



## Partners at Meals

Researchers at MUSC College of Nursing are seeking Caregiver volunteers for a research study aimed at improving nutrition and quality of life among Caregivers and their loved-ones with dementia.

### EACH MONTH FOR SIX MONTHS

#### Caregivers are asked to:

- Take and send before and after photos of three meals per month (one breakfast meal, one lunch meal and one dinner meal) and complete a monthly meal log.
- Attend a brief meeting (15 to 20 minutes) with a MUSC researcher to discuss mealtime issues - this meeting can take place by phone or video call and will be scheduled at your convenience.

#### Loved ones will:

- Be asked to have their weight taken by you at home.

### ADDITIONAL INFORMATION

- This research study takes place in your own home - you do not need to travel to participate.
- All collected information is kept confidential.
- Participation is completely voluntary - you can stop participating at any time.
- Internet access is required to participate.
- Compensation for your time and effort will be provided.
- Data collected and analyzed will help us better understand ways that may improve future care for individuals with dementia and resources for caregivers.

### TO LEARN MORE

Ask your in-home care companion to contact the MUSC study coordinator, Melissa Butcher, at 843-224-2115 or [butcherm@musc.edu](mailto:butcherm@musc.edu), to provide your name and contact information.