L.E.A.F. Center



2023

Monday	Tuesday	Wednesday	Thursday	Friday
LEAF Daily Schedule 8:30—10 am Arrival / Morning Snack 10:00—11:30am Morning Activities 11:45 am - 12:30 pm Lunch 12:30 - 1:00pm Rest and Relax	LEAF Daily Schedule 1:00 pm Exercise / Music 2:00 pm Snack 2:30—3:30 pm Afternoon Activities 3:30 –4:30 pm Van Load & Departure			1 10:00- Exercise 10:30—National Antarctica Day 11:30– Daily Devotional 1:00– Water Color Penguin 2:30 – Eight Below (movie)
4 10:00-Exercise 10:30- National Sock Day 11:30 -Daily Devotional 1:00- Christmas Decorating 2:30 - Ring Toss 3:00-Music /Reminiscing Wear your Christmas Socks	5 10:00-Exercise 10:30 –National Mitten Tree Day 11:30 –Daily Devotional 1:00–Crafts With Charles 2:30 – Target Practice 3:00-Music /Reminiscing	6 10:00-Exercise 10:30- Saint Nicholas Day 11:00-Minister Gunn 1:00- Christmas Category game 2:30- Christmas Decorating 3:00-Music /Reminiscing Wear Red & White	7 10:00-Exercise 10:30 – National Pearl Harbor Day 11:30 –Daily Devotional 1:00 – Bingo 2:30 -Rebus Puzzles 3:00-Music /Singalong	8 10:00-Exercise 10:30 - Crossword Solvers Day 11:30 - Daily Devotional 1:00-December Trivia 2:30 - Bowling 3:00-Music /Reminiscing RSVP to Christmas Lunch 12/20@11:30
11 10:00-Exercise 10:30- National Stretching Day 11:30 -Daily Devotional 1:00- Pass word Christmas Edition 2:30 - Yard Pong 3:00-Music /Singalong	12 10:00-Exercise 10:30 –National Ambrosia Day 11:00– Daily Devotional 1:00– Crafts Dee 2:30 – 9 letter word 3:00-Music /Singalong	13 10:00-Exercise 10:30- National Violin Day 11:00-Minister Gunn 1:00- Spelling Bee 2:30 - Ball Toss 3:00-Music /Reminiscing	14 10:00-Exercise 10:30- National Alabama Day 11:30 -Daily Devotional 1:00-Crafts With Dee 2:30 - US Trivia 3:00-Music /Singalong	15 10:00-Exercise 10:30- National Ugly Sweater Day 11:30 -Daily Devotional 1:00 -Bingo 2:30 - Snow Ball Toss 3:00- Music/ Reminiscing Wear your Christmas sweaters/shirts
18 10:00-Exercise 10:30 – National Twin Day 11:30 –Daily Devotional 1:00– Hollywood Squares Christmas 2:30 – TV Christmas Games 3:00-Music /Reminiscing	19 10:00-Exercise 10:30 – National Oatmeal Muffin day 11:30 –Daily Devotional 1:00– Crafts with Dee 2:30 – Word Games 3:00-Music /Reminiscing	10:00-Exercise 10:30 -Minister Gunn 11:30 Christmas Lunch 1:00 National Caroling Day 2:30—Christmas shows LEAF Closing @3:30 Staff Meeting	21 10:00-Exercise 10:30- National Humbug day 11:30-Daily Devotional 1:00- Crafts with Charles 2:30 - Participant Council Meeting 3:00-Music /Singalong	10:00-Exercise 10:30 – Festivus 11:30 – Daily Devotional 1:00 – Christmas Jeopardy 2:30 – Christmas Party/Games 3:00-Music /Singalong
25 L.E.A.F. Closed **Jupy J.C.L.**	26 L.E.A.F. Closed Christmas	27 L.E.A.F. Closed	28 L.E.A.F. Closed	29 L.E.A.F Closed Merry Christmas

LEAF Center News

Taking Reservations

LEAF SPA SERVICES

Bathing with 1 staff person assist-\$10
Bathing with 2 staff person assist-\$15
Hair washing without bath-\$8
Shaving-\$5

Ms. KATRINA PASS Jemm's Beauty Salon

in Eden

All types and styles of hair welcomed!

\$10 haircuts only \$20 wash and style only \$30 for shampoo, cut, style

Call center to schedule an appointment!
*Beautician accepts cash, check, or Paypal

Meet the LEAF Center Team

Jody Brande, Program Director
Bobbie Joyce, RN
Dee Kimble, Program Assistant
Kimberly Wilson, Program Assistant
Paula Cummings, Program Assistant
Casandra Galloway, Program Assistant
Sabrina Golden, LEAF Volunteer

Dates to Remember

Caregiver Christmas Lunch 12/20/2023@11:30Am

Please RSVP by 12/8/2023

LEAF Staff Meeting Closing 12/20/23 @3:30PM

LEAF Closed 12/25/2023-1/1/2024

Have A Wonderful Holiday

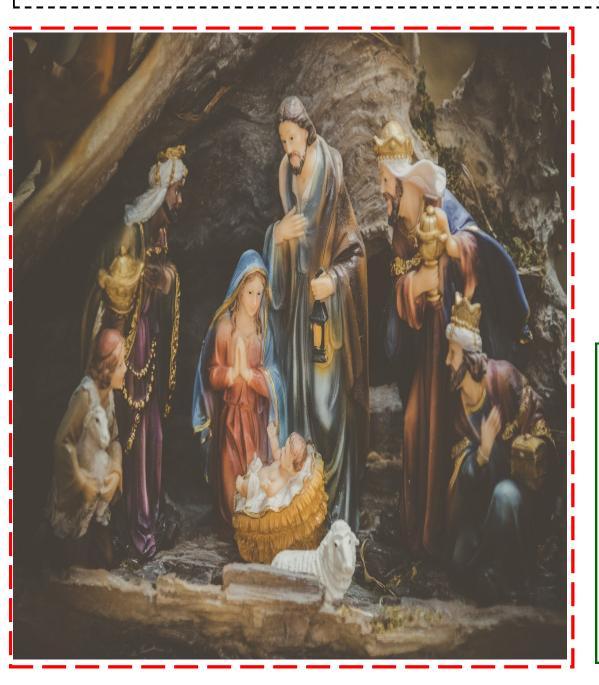
December Birthdays

Linda C. 12/4

Margaret G. 12/15

Arabella S. 12/16

Mary Alice W. 12/31



DONATIONS NEEDED

1YARD Fleece for Pillows Poly-Fill

Snacks for Christmas Party (12-22-2023) Hot Coco (sugar Free)

Apple Cider Packs (sugar Free)

Caregiver Events @ L.E.A.F.

"Love and Dementia" Caregiver Support Group

2nd Monday of Every Month:
No meeting Merry Christmas

RSVP: 336-347-2328

Caregiver Support Group will be held

at LEAF Center